

January  
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# The Prairie Lily

WORLD THINKING DAY - FEBRUARY 22, 2007



“Discover your potential by taking the lead, growing friendships, and speaking out.”



Each year on February 22, Girl Guides and Girl Scouts all over the world celebrate **World Thinking Day**.

World Thinking Day was first created in 1926 at the fourth Girl Guide/Girl Scout International Conference, held at Girl Scouts of the USA's Camp Edith Macy (now called Edith Macy Conference Center). Conference attendees decided that there should be a special day when Girl Scouts and Girl Guides all around the world think of each other and give thanks and appreciation to their "sister" Girl Guides and Girl Scouts.

The delegates chose February 22 as the date for Thinking Day because it was the mutual birthday of Lord Baden-Powell, founder of the Boy Scout movement, and his wife Olave, who served as World Chief Guide.

In 1932, at the seventh World Conference, held in Poland, it was suggested by a Belgian delegate that since birthdays usually involve presents, girls could show their appreciation and friendship on Thinking Day not only by extending warm wishes to each other but also by offering a voluntary contribution to the World Association. Olave wrote to all Girl Guides and Girl Scouts after this idea was adopted asking them to help support the Movement by donating just a penny.

This is how the World Association's Thinking Day Fund began. The fund helps offer Girl Guiding/Girl Scouting to more girls and young women worldwide. Canadian Guides make their contributions via the Canadian World Friendship Fund; your help is needed just as much today as it was in 1932.

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## World Thinking Day

To emphasize the global aspect of Thinking Day, members at the 30th World Conference, held in Ireland in 1999, changed the name to **World Thinking Day**. There are now 10 million Girl Guides and Girl Scouts in 144 countries!

The theme of this year's World Thinking Day is "Discover your potential by taking the lead, growing friendships, and speaking out." These are three key skills that we hope girls will learn during their time in Guiding. It is felt that by focusing attention on these three aims, girls can develop leadership skills in a friendly and supportive environment, build their self esteem and take action on issues that affect them.

World Thinking Day gives us all the opportunity to contemplate our roots and the core values and beliefs of the Guiding Movement. Our promise to do our best and our commitment to peace and the principles of service are similarities that cross borders and create lifelong friendships. On February 22, please take a moment to think about the girls and women worldwide who are discovering their potential through Guiding.

## *Guide and Scout Spirit Flame to travel far in 2007*

On World Thinking Day 2007, a torch will be lit at the grave of Lord Baden-Powell in Nyeri, Kenya. From there, the flame will be carried by runners or bicycle riders through Ethiopia, Sudan, Egypt, Greece, Italy, France and Belgium and will arrive at the first Scout Camp at Brownsea Island, UK on July 31, the eve of Scouting Sunrise. Scouts around the world will gather as the sun rises to celebrate one hundred years since Lord Baden-Powell ran his experimental scout camp at this historic location.

It is hoped that the flame will spread the spirit of the founder of the Girl Guide/Girl Scout Movement, Lord Baden-Powell, all over the world.

A team from the World Committee of the International Scout and Guide Fellowship (ISGF) is coordinating the Guide and Scout Spirit flame. The World Association of Girl Guides and Girl Scouts (WAGGGS) and the World Organization of the Scout Movement (WOSM) also support the project.

For more information on the Spirit Flame, visit [www.spirit-flame.com](http://www.spirit-flame.com).

## Upcoming Dates to Remember...

- February 9-11** – Provincial Council Meeting - Regina
- February 22** – World Thinking Day
- March 2-4** – Provincial winter camp skills - Trefoil Trails
- March 9-11** – National Conference: Provincial Departments – Toronto
- March 15** – Prairie Lily Deadline
- March 16-17** – Provincial Training Seminar: New Beginnings - Davidson
- March 24** – Hike Across Saskatchewan
- April 14-15** – Camp Can-ta-ka-ye Clean Up
- April 27-29** – Provincial Annual and Council Meeting – Saskatoon
- May 4-6** – Heritage Escapes/Trail OAL
- May 12** – Tim Horton's Clean Up
- May 15** – Prairie Lily Deadline
- May 18-21** – Flatwater Canoeing Course
- May 25-27** – 1st Spring Camp - Can-ta-ka-ye
- May 30 to June 3** – National AGM & Meetings - Regina
- June 2** – Chance for Guiders to meet and talk with the members of National
- June 8-10** – 2<sup>nd</sup> Spring Camp - Can-ta-ka-ye
- July 2** – Provincial Store and Office Closed
- July 3** – Provincial Store closed until September 4, 2007
- August 10-13** – Serenity 2007 Camp - Heritage Lake



## Inter-provincial Camping Dates

- July 6 – 10** – Your Voice, Your Future Girls Summit on Leadership and Skills Development, Toronto
- July 8 – July 21** – Just Between Friends, Niagara Peninsula, ON
- July 22 – August 4** – Just Between Friends, Kiawa
- July 20 – July 28** – Soar 2007, Parksville, Vancouver Island
- July 29 – August 4** – 007 – A Chance to Bond, Sylvan Lake, AB

## Dear Saskatchewan Guiders,

I hope you had a good holiday season and enjoyed some time away from your usual responsibilities! Now, as we get back into the swing of things, it's a very busy time, but we have lots of exciting activities to look forward to!

- I hope to see many of you at the January Conference! We have over 200 Guiders registered and this popular winter event promises to lift our spirits. We are really excited to have our Chief Commissioner, Myrtle Corkum, and the Chair of the Western Hemisphere Committee, Angela Dawson, joining us for this conference.
- February will soon be upon us, and Thinking Day will soon be here. As we celebrate 97 years of Guiding we think of our millions of sisters around the world who share the values in our Promise and Law. Many of you will be celebrating with special teas – and I can remember how much fun it was, as a girl, to serve at the tea! Through our donations to the Canadian World Friendship Fund, we are able to help Guides in many countries who are in need of assistance. Please work with your girls to find innovative ways to make donations to this fund. Our goal is to be able to contribute \$2.50 per member.
- Winter brings many opportunities for exciting outdoor activities. Whether it's skiing or snowshoeing, winter camping or a winter carnival, make the most of a prairie winter as you plan program activities with your girls!
- Already, planning is underway for spring banquets, cookie sales and summer camps! Camping and the outdoors are integral parts of Guiding – and so much fun! You may be planning a unit camp in your own local area or you may want to take your girls to one of our two provincial Girl Guide campsites. Heritage is a tranquil northern setting or you might attend a planned camp at Can-ta-ka-ye on Lake Diefenbaker. Information will be coming out, so watch for it!

## A MESSAGE FROM THE PC



- June 2 is the day of the National Annual Meeting and it will be held in Regina! Our province welcomes the National Board of Directors and the Provincial and Territorial Commissioners. There will be a Guider event planned for that weekend so that Guiders may have the opportunity to meet our visitors from National and share their thoughts, concerns and hope for the future!
- And this is our 80<sup>th</sup> cookie anniversary! Let's see if we can break records with our cookie sales as we celebrate this year!

These are only a few of the many things going on in Guiding in our province. I know the time and effort you are putting into weekly meetings, ceremonies and special outings. I am reminded daily of the contributions made to Guiding by hundreds of volunteers all over Saskatchewan. I want you to know how much I appreciate the efforts made by each of you. Thank you for all that you do. It means a lot to our girls and it helps us make a positive impact on the future, one girl at a time!

A handwritten signature in black ink, appearing to read 'Jo Szostak'.

**Jo Szostak**  
Provincial Commissioner



# Hike Around Saskatchewan - a march in March

**WHO:** Guiding members, family members, friends, anyone who wants to. This can be done as a group or as an individual.

**WHAT:** Take your unit, your friends, your family, all the girls in your grade and anyone else you can think of for a hike around where you live. Make it into a BBQ, a bridging event, a bring a friend day, a fun day in the park or whatever you want, as long as you also take a hike!

**WHERE:** A trail, a field, a park, a sidewalk or anywhere near where you live.

**WHEN:** March 24, 2007 (participants may hike on a different date if they choose)

**WHY:** Active Living is an important part of Guiding and it is more fun with friends. It also gives us an opportunity to get out in our neighbourhood and let the public see how much fun we are. And we will be supporting a worthwhile cause.



\*\* Take some pictures so we can see how much fun we all had and we will find a way to share them across the province.

**How much will it cost:** It will cost \$2 per person to participate (if you are doing something bigger, like a BBQ, you may have to charge participants more). The \$2 will include a crest and then all the proceeds will be donated to the Trans Canada Trail Fund.

Every \$50 we raise will go toward a metre of trail and we can have our name written on a section of trail in Saskatchewan.

Please register through the Provincial Office by submitting the following form by April 27, 2007:



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Hike Across Saskatchewan A March in March March 24, 2007

Unit/District/Division/Area or Individual Name: \_\_\_\_\_

Mailing Address for Crests: \_\_\_\_\_

Number of Participants: \_\_\_\_\_ Total Fees Submitted (\$2/person): \_\_\_\_\_ Hike location: \_\_\_\_\_

Other plans for the day: \_\_\_\_\_

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## Tim Horton's Clean Up

The Girl Guides of Saskatchewan are teaming up with Tim Horton's to clean up our province. On May 12, 2007 members across the province will be cleaning up parks and highways. Every registered participant will receive a Tim Horton's Clean Up T-shirt. This will be wonderful publicity for us, as the Girl Guide logo will appear on Clean-Up posters at every Tim Horton's location in Saskatchewan. For more information, contact your Area Public Relations Adviser, your Area Commissioner or the Provincial Public Relations Adviser, Joelle Haffermehl at joelle.m.haff@sasktel.net or (306) 382-2338.



# Camping News

Submitted by Del McDonald, Provincial Camping Adviser

With the weather showing its true winter colors, all white, cold and crisp, let's take this opportunity to get our girls outside and enjoy some winter fun. Cold should not be a deterrent for girls/leaders to enjoy the pristine landscape that surrounds us. Being warm and dry is the key to enjoying the outdoors, before doing any long term outside activity use the C-O-L-D method of staying warm.



## C – Clean

Since insulation is only effective when heat is trapped by dead air space, keep your insulating layers clean and fluffy. Dirt, grime and perspiration can mat down those air spaces reducing the warmth of the garment.

## O – Overheating

Avoid overheating by adjusting the layers of your clothing to meet the outside temperature and the exertions of your activities. Excessive sweating can dampen your garment and cause chilling later on.



## L – Loose Layers

A steady flow of warm blood is essential to keeping all parts of your body heated. Wear several loosely fitting layers of clothing and footwear that will allow maximum insulation without impeding your circulation.

## D – Dry

Damp clothing and skin can cause your body to cool quickly, possibly leading to frostbite and hypothermia. Keep dry by avoiding cotton clothes that absorb moisture. Always brush away loose snow before you enter a heated building. Keep the clothing around your neck loosened so that body heat and moisture can escape instead of soaking several layers of clothing.



Using the C-O-L-D method of dressing will make all outdoor activities enjoyable, from going to the local hill and enjoying the timeless sport of tobogganing, to snow-shoeing, to cross-country and downhill skiing. Don't forget you will also be expending more energy and will need to keep your water and food energy levels up to help prevent dehydration and hypothermia.

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## Travel Opportunity Reminders:

### Horseback Packing Adventure

Here is a fantastic opportunity for two girls between the ages 15 to 18 to see some beautiful BC country either at Kane Valley or Rainbow Trails. The Chimo Trex Unit is planning a fantastic Horseback Packing Wilderness Trip July 22 to 29<sup>th</sup>, 2007. Cost per individual is \$1500.00 plus transportation, which also includes two instructional clinics. Please respond to the provincial office if interested.

### Just Between Friends

Two openings for girls at least 13 and no older than 14 years as of June 30, 2007 for an exciting two weeks at Camp Kiawa in Ontario. Join with 100 other campers from across Canada and also have the opportunity to meet with some of the Girls Scouts from USA. If you are interested in this inter-provincial experience please contact Province.









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**Thank you** to Raylene Harley and Keely Jonasson who have volunteered to be part of our exciting Can-ta-ka-ye Operating Committee. We still have openings available: please contact the provincial office if interested.

# Can-ta-ka-ye Employment Opportunities

Do you want a summer job that is fun and fulfilling? Do you want to work outdoors in a beautiful setting?  
Do you love to camp?

Can-ta-ka-ye is now accepting applications for summer camp staff! We currently have the following positions available:

-  **Camp Director** – responsible for the general operations and program of camp. She is responsible for overseeing staff, campers, camp applications and generally being on top of everything. The term of employment is May-August.
-  **Food Services Director** – plans, orders and cooks healthy and well-balanced meals for campers. She is also responsible for maintaining a clean and sanitary kitchen and directing adult volunteers.
-  **Food Services Assistant** – must have knowledge of outdoor cooking methods. She supervises meal distribution and preparation on site and assists the Food Services Director as necessary.
-  **Health Services Director / Waterfront Assistant** – responsible for the health and safety of campers and staff. Must have First Aid, CPR and Bronze Cross training. Also helps ensure that sanitary conditions are met throughout camp.
-  **Lodge Program Director** – carries out programmed activities (crafts, games, songs) for campers aged 5-9. Directs the involvement of adult volunteers in assisting with activities.
-  **On-site Program Director** – carries out programmed activities (crafts, games, songs) with campers aged 9-15. Directs the involvement of adult volunteers in assisting with activities.
-  **Program Assistant** – assists the Program Directors in carrying out all programmed activities, and replaces staff members during time off. Is responsible for maintaining the mini-shop and leading tours out to Hitchcock's cabin.
-  **Waterfront Director** – responsible for the waterfront area and program, supervises all swimming and water activities, and supervises other waterfront staff. Must be at least 18 years of age and have NLS qualification as well as First Aid and CPR.

The tentative term of employment for all positions (excluding Camp Director) will be June 25 – August 10, 2007 plus one weekend in May and one weekend in June. Application forms, reference forms and detailed job descriptions are available from the Provincial Office (forms can be obtained by mail or as e-mail attachments) and will also be available soon from our website at <http://www.girlguides.sk.ca/Camping/Cantakaye/index.html>. Please pass this information on to anyone who may be interested!

## Volunteers Needed!

*We invite you to spend time this summer with us, on the sunny shores of Lake Diefenbaker!*

Volunteers are needed for programmed camps at Can-ta-ka-ye this summer. Due to the terrific increase in girls last year, we need adults to assist with each of the programmed camps that will be occurring this summer. Adult volunteers report directly to the Camp Director, and have a variety of duties that can include: assisting with food preparation or clean-up, assisting with program activities and supervising girls during breaks. As an adult volunteer, you have the opportunity to share your experiences with girls from across Saskatchewan, as well as enjoy the tranquility and beauty that is Can-ta-ka-ye. If you feel that you can assist at one of our camps this summer, or have any further questions, please contact Megan at [meganl@sasktel.net](mailto:meganl@sasktel.net).

Arrrrgh!

There be pirates at camp!

## Pirates of the Saskatchewan



Mark your calendars for **Can-ta-ka-ye's Spring Camps**. Camps are open to all branches. This is the best way to get your girls camping without all the stress of planning! Watch for more information and registration in the next *Prairie Lily*.



**May 25-27 and  
June 8-11**





# International News

Submitted by Heather Woodhouse, Provincial International Adviser

Since Saskatchewan's contributions to the **Canadian World Friendship Fund (CWFF)** are down somewhat, we thought we'd include some fabulous and fun ideas to encourage contributions. These were found on the BC Girl Guides website: [www.bc-girlguides.org](http://www.bc-girlguides.org). You can also find a CWFF

Month Collection Calendar with 31 great collection ideas at <http://www.bc-girlguides.org/resources/cwff/cwff-monthcal.html>.

## Let's Think CWFF Every Month

**September:** Contribute 1 penny for each classmate you have. If you have more than 1 class, total all the different classmates together.

**October:** Contribute 5 cents each time you wear your Halloween costume.

**November:** Contribute 1 penny for each inch of snow that falls this month; whether it stays or not.

**December:** Contribute 1 penny for each Christmas present you receive.

**January:** Contribute 5 cents each time you wear your uniform this month.

**February:** Contribute 1 penny for each Valentine you send and 1 penny for each Valentine you receive.

**March:** Contribute 5 cents for each day during Spring Break that is sunny.

**April:** Contribute 1 penny for each flower that blooms in your yard this month.

**May:** Contribute 10 cents for each night spent at camp this month.

Some of you have been asking about Pen Pals so I am including a list of recent requests received from abroad. All of these requests have come through the national office (as per the new Pen Pal process described in the September/October 2006 Prairie Lily); some of them had Thinking Day in mind but I'm sure they would welcome an email any time.

S - Spark B - Brownie G - Guide P - Pathfinder R - Ranger		
Guiders who choose to communicate with these groups should take precautions regarding the sharing of personal information and/or photos. Guiders are advised to inform the girls' parents/guardians of the risks and to seek permission before participating in a pen pal exchange. It is preferable that letters from girls are sent by their Guider (under her address) to the Guider in the other country. This will help to maximize safety for our girls.		
For / From		Address
B	USA	Hello My name is Korena and I am looking for a Brownie troop that is willing to be pen pals with my girls. I have about 20 girls and we are wanting to have your girls teach us about your country and we will teach you about ours for Thinking Day. Please let me know if you have anyone that is willing to participate. Thanks Korena Scheible Troop 375 Leader korescheib@msn.com
B	Canada	Hi my name is Michelle Cox and I am leader of brownie unit here in PAB . (Newfoundland and Labrador) I am doing the key to me badge (in this badge it has some interest badges for the girls to do as a group or fun at home, but one of the badges I would love to do as a group would be a penpal badge , I would love to have another brownie unit from here in canada if possible to write letters . Please contact me at anytime on any comments that may be suggested . Coxieandshall@hotmail.com
G or P	Brazil	We would really appreciate if you can help me finding a link for two Guides from Brazil that are interested in establish contacts among Guide friends from Canada. Both can write and read English. See their details below: Looking forward to hear from you soon, 1. Sabrina Collese Age: 12 São Paulo – SP Brasil E-mail: sasliquando@hotmail.com 2. Stephanie Belck Age: 13 SÃO PAULO Brasil E-mail: skbelck@terra.com.br <b>From: Maria Olinda Ribas Marques da Luz Coordenadora da Área Internacional International Commissioner Federação de Bandeirantes do Brasil Av. Marechal Camara 186 / 5º andar Rio de Janeiro - RJ - Brasil Tel: + 55 21 2240 9220 - FAX: + 55 21 2532 3292 Home Page: www.bandeirantes.org.br E-mail: molindaluz@bandeirantes.org.br</b>
G	USA	We would like to correspond with any of your girl guides as pen pals. We are a very small troop in Yuma,VA.that only recently started. I am the assistant leader and a Nana of one of our troops. Thank you, we would appreciate hearing from you. Carolyn Calton nanaboogerpuss@aol.com
G	Scotland	Hi! We are Rebecca Wilson and Sarah Crosthwaite of 6th Stenhouse Guides in Larbert, Scotland. We have recently begun our commonwealth award and our chosen nation to study Canada as we think, personally, that it is the most interesting. We have found what is on your website really helpful. We were wondering if there was any chance that you could put us in contact with any Canadian guides around about the age of 15 with whom we could write to and/or send e-mails to so that we can find out a bit more about guiding in Canada. This would be greatly appreciated and thanks again :D bex_apple@hotmail.com
S or B Or G	England	My name is Katy Logan, I'm a Unit Guider in England, with Rainbows, Brownies and Guides. I would like my girls to learn more about guiding around the world, and was wondering if there are any guide groups who would be interested to learn about guiding in England. Thanks Katy kathryn_2805@yahoo.co.uk
B	Wales	We are a brownie pack living in South Wales united Kingdom would you like to be pen friends to us? <a href="mailto:ajuan53@aol.com">ajuan53@aol.com</a>



## Violet Explosion Coming Soon!

Submitted by Bev Drummond, Provincial Trefoil Guild Adviser

*Greetings for 2007!* The year is promising to be an active and exciting time with the January Conference, Thinking Day Teas, Violet Explosion and our Provincial Gathering. I will be attending the January Conference and taking along the sample Trefoil shirts for you to try on if you wish to place an order. The prices are listed below. Our pin is beautiful and sells for \$1.50.

Plans are underway for GLT (Guiders, Link members and Trefoil Guild) Smoothies in Regina and Saskatoon this September. Watch for more information in future issues.

Taiga Trefoil Trex Guild is planning a winter camp at Heritage Camp in March. Possible dates are March 10, 17, or 24. For more information call Marg Ferguson at 763-2330 or e mail [Margarete@sasktel.net](mailto:Margarete@sasktel.net).

*Happy Thinking Day!*

## Saskatchewan Trefoil Guild Shirts

Members who attended the Gathering in Davidson ordered Trefoil Guild shirts from samples that I brought with me. The shirts were ordered from "Creative Edge" in Regina; they are of very good quality and have been well-received by Trefoil members. We have decided to place another order and accommodate those members still wishing to purchase a shirt. Samples will be available at January Conference and we will be taking orders at that time. If you are unable to attend the Conference but wish to order a shirt, **please fill out the order form on page 19**. To obtain the measurements of the shirts, I placed them flat on a table and measured underarm point to underarm point. The shirts are **purple unisex golf shirts**, meaning they do up on the "man" side. They are 50/50 poly/cotton and made in Canada. See the chart below for sizing and pricing. I do not have the measurements for the 3XL. The small is too big for some of our ladies, so I have two youth shirts. If you can pick up the shirts in Regina or I can send them with someone, there will be no postage charge; otherwise add \$6.50 to cover the cost of mailing each shirt. I will be placing an order on **February 20, 2007 – no late orders will be handled**. Delivery is expected by March 30, 2007.

Size	Youth M	Youth L	Adult S	Adult M	Adult L	Adult XL	Adult 2XL	Adult 3XL
Measurement (in inches)	37	39	40	43	48	51	56	?
Cost (incl. tax)	\$25.58	\$25.58	\$25.58	\$25.58	\$25.58	\$25.58	\$27.09	\$30.70

## WATCH FOR 2007 SMOOTHIE EVENT

Submitted by Arlene Berbenchuk, Regina Smoothie Chairperson

There will be a Provincial 2007 Smoothie Event in Regina on September 13, 2007 from 7 to 9 pm. It will take place at the Regina Guide Centre at 1530 Broadway Avenue. The Organizing Committee is asking that all Area, Division and District Commissioners, Senior Branch Guiders, Lones Advisors and Link members pass this information on to girls coming to Regina in the fall to attend University, SIAST or starting their first full time work position. Please forward names, addresses, phone numbers, and email addresses to me at [theberbs@accesscomm.ca](mailto:theberbs@accesscomm.ca) or 150 McMurchy Ave, Regina, SK S4R 3G8.

Regina Area Guiders, Link members and Trefoil Guild are coming together with the purpose of welcoming Link

members and other young Guiding members to Regina and to Guiding in Regina. Information on the Smoothie Event must be passed on this spring since there will be less opportunity to contact individuals over the summer. We are planning to email those we know about as the event approaches. This event is under the sponsorship of Provincial Membership and the Provincial Trefoil Guild Adviser.

Please encourage girls you know to come and share a Smoothie with us, become familiar with Guiding in Regina, and make new friends.



# And the Beat Goes On . . .

Submitted by Cindy M. Haynes, Provincial Arts Adviser

With Thinking Day coming up and camp just around the corner, campfire is on my mind. Campfire is a ceremony that can be used as part of a meeting or a special event, such as a Thinking Day theme meeting or camp. I encourage and challenge every unit to have a campfire at least once during the year as part of a meeting or special evening **and** to have a campfire as part of **every** camp. It is important to think ahead when planning a campfire so that the girls are familiar enough with the songs being used and to give you time to practice them. Campfire is not the place to learn a new song.

Campfire can take on any number of themes. It can be serious or it can be on the lighter side. One of my most memorable campfires was my “Minnie Pearl” campfire for Group Conference this past fall. In planning campfire, I start with the theme. Everything will flow from there. Next I make a list of between 20 and 25 songs that fit within that theme, of which I will end up using between 8 and 10; any more than that and the campfire gets too long. Once I’ve got my long list of songs, I look for poems or readings that I can use between the songs or as introductions for the songs. I choose my opening song and my closing song and fill everything in between. Your

campfire should tell a story and flow. It is important that you gear your campfire to your audience and keep it to no more than 25 minutes. Campfires that drone on and on are no fun for anyone.

Get the girls involved. Guide-aged girls can easily plan a campfire from start to finish with a bit of guidance. Brownies can easily participate in offering one of the readings or poems. When choosing a theme, friendship and nature are probably the two easiest themes to use. *Campfire Activities* is a great resource for poems and stories. So is the internet. Included in this edition is a “Campfire By Design” reference sheet and my campfire from January Conference 2006.

My final suggestion is that once you’ve gone to the time and trouble of writing a campfire, make sure that you keep a copy of it. You never know when it will come in handy at a later date or can be of use to someone else.

Keeping a focus on the Arts,

Cindy M. Haynes  
Provincial Arts Adviser

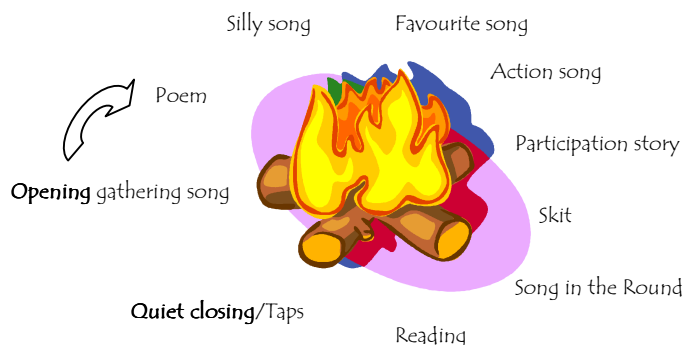
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## CAMPFIRE BY DESIGN

- Choose a theme
- Separate and introduce songs with readings and poems
- Begin with a poem or reading that introduces the theme and invites the participants to come to the campfire
- As the fire builds, so does the intensity of the campfire
- Use songs, poems, readings, participation stories, skits
- End with a quiet closing song and Taps

Remember:

- A campfire is a ceremony
- The campfire leader(s) need to rehearse so the campfire will flow
- A campfire is NOT the time to teach new songs. If unfamiliar songs are to be sung, they should be practiced before the campfire begins.
- A campfire is not just for camp—use it as part of a meeting, a sleepover or special event as well.



Check out these great campfire resources: *Campfire Activities Songbook*, inspirational/devotional poetry books, Girl Guides of Canada songbooks

# January Conference 2006 Campfire

## Theme: Old Friends and New

By Cindy M. Haynes



Drop a pebble in the water; just a splash and it's gone, but there's half a hundred ripples circling on and on and on. Spreading, spreading from the centre, flowing on out to the sea, and there's no way of telling where the end's going to be. Drop a word of cheer and kindness: just a flash and it's gone, but there's half a hundred ripples circling on and on and on, bearing joy and hope and comfort on each splashing, dashing wave until you wouldn't believe the volume of the one kind word you gave. Drop a word of cheer and kindness: in a minute you forget, but there's gladness still a-swelling and there's joy a-circling yet. And you've rolled a wave of comfort whose sweet music can be heard over miles and miles of water just by dropping one kind word. That's what friendship in Guiding is like. One friendship leads to another, which leads to another, and so on and so on.

Dance unto the light,  
Sway to the sounds of time,  
Watch the flames grow bright,  
As they dance within your mind.  
Dance my friends and sway,  
To beauty, to laughter, to love,  
For this is the most perfect day,  
A perfect gift from above!

### **Sussex Campfire Opening, p. 7 Jubilee Songbook**

Life is divided into three parts - that which was, which is, and which will be. We learn from the past to profit by the present, and from the present to live better for the future. Friendship is the glue that binds us together. It is our common bond. Some friends we've known for a day, some for a lifetime. Each is special in their own way. Old friends and new. Both are to be cherished, like silver and gold.

### **Make New Friends, p. 52 Songs to Sing & Sing Again**

A friend is one who knows us, and loves us anyway. Some people come into our lives and quickly go. Some stay for awhile and leave footprints on our hearts. And we are never, ever the same.

### **Sisters in Guiding, p. 8 When We're Together**

The night sky, full of stars, the wide-open spaces of the prairies where you can see for miles, the majesty of the mountain tops, the endless waves of the ocean. We look at these things and know the enormity of the world around us. And yet, the friendships we share and the bonds that unite

us as one in Guiding, help us to know it truly is a small world after all.

### **It's a Small World, p. 38 Our Chalet**

Friendship is like a garden of flowers, fine and rare.  
It cannot reach perfection except through loving care;  
Then new and lovely blossoms with each new day appear  
For friendship, like a garden, grows in beauty year by year.

### **Let's Grow Guiding (song sheets)**

Friendship is a shining thing, a steady beam of light,  
A lantern on a lonely street, a song far in the night.  
A smile, a touch of a loving hand, a quiet place on a hill,  
And Oh!—a happy little child, bringing home a daffodil.

### **I Like the Flowers, p. 54 Celebrate with Song**

Friendship is a giving thing, from one friend to another, a steady firm relationship, from child to Father and Mother.  
Raindrops falling on an autumn leaf, a quiet place on a hill,  
And Oh!—a happy little child, bringing home a daffodil.

### **Listen to the Earth, p. 54 Celebrate with Song**

We are all links in the golden chain of friendship. Whether as one with nature or one with each other. It is our duty to keep our links bright and shining. In a world of uncertainty and fear, we shine as silver threads against a dark background. Our Promise and Law are the links forged out of the finest gold. Friendship is the golden thread that ties the heart of all the world, the tie that binds us together like a finely woven fabric.

### **Weave, p. 12 When We're Together**

And so our time together draws to an end, but our friendships continue to light our path like an ever-burning flame in the dying embers of the night. And we go considering that for which we are thankful and the friendships we have made—the silver threads among the gold.

### **Zulu Farewell, p. 62 Jubilee Songbook Taps**

# Program Tips and Tricks

Submitted by Raycine Spence, Provincial Program Adviser

## Older Limbs

This is your last chance to send in submissions for the **NEW Senior Branches Newsletter**. We are interested in what you did last year, plans for this year, ads for pen pals, anything you would like to read about. This newsletter is for both girls and leaders and needs articles from you. We are also looking for a logo to go with the name. Please pass this on to your Senior Branches girls as this is their newsletter. Submissions are due by February 15 to rayce22@sasktel.net or 155 Candle Cr; Saskatoon, SK; S7K 1A5.

## Help Needed!!!

The Program committee is looking for Guiding or non-Guiding volunteers to lead or assist with the following portfolios. Any help you can give would be fantastic. We are looking for people to help with the following:

- ✓ Active Living
- ✓ Extra Ops
- ✓ Senior Branches
- ✓ Science and Technology
- ✓ Special Needs Adviser

These things are important in today's world and it would be great to have people in these positions to help Area Advisers provide information to leaders and girls. If you have questions about any of these positions please contact Raycine Spence at rayce22@sasktel.net or 306-651-0393.

## Survey of Senior Branches Members

Before the holidays, National e-mailed Senior Branches Members a link to a survey on their program. **This survey is the first step in program review.** National would like to have opinions directly from Senior Branches girls on what they think about their program. The survey should take about 15 minutes to complete.

Please encourage girls with whom you have contact to participate. For a link to the survey, send an email to Program Delivery at the national office programs@girlguides.ca or to Anne McRuer, Program Coordinator mcruera@girlguides.ca

## Guiding in Saskatchewan is the Best!!

The Program committee would like to share excitement of Guiding in Saskatchewan with everyone in our province, country and around the globe. **To this end we are in the process of finding a logo for Saskatchewan Girl Guides.** The logo must be in the shape of the province and contain 2-colours only. It needs to represent Saskatchewan and Girl Guides and be fairly simple in design. The deadline for this will be **February 8, 2007** and can be sent to the Provincial Guide Office Attn: Program.

## Peace Keeping Poster or Essay Contest

Celebrate the 50th Anniversary of the first ever Peacekeeping Mission! We can take pride in the fact that these missions were a Canadian idea, in which our country still participates half a century later.

The contest starts on the United Nations International Day of Peace, Thursday, September 21, 2006 and entries must be mailed before February 28, 2007. Winners will be announced in March 2007. Choose one of the topics below to be the theme of your poster or essay:

- \* Peace Begins with Me
- \* My Dream of Peace
- \* Canada - Peacekeeping Then and Now



Link to the contest website: <http://www.thinkaboutpeace.ca/>

Link to the Pearson Peacekeeping Centre's website:

<http://www.peaceoperations.org/> Also of note, the Pearson Peacekeeping Centre will be holding a mock peacekeeping mission the third week of March 2007.

## Birthday in a Box Service Project

This fabulous service project, created by an Ontario Area Program Adviser, is a great use for a recycled box and a little PR along the way. Girls donate items for a birthday party and package them into empty cookie cases. They can donate items left over from their own birthday parties, such as goodie bags, invitations, decorations, cutlery, plates and balloons. Units may wish to purchase cake mixes, icings and candles to be included in the kit. All of the items are packaged into a cookie case and donated to the local food bank (or other social services agency) to be distributed to a needy family at "birthday" time.

*Great idea for Brownies Community Counts, Guides Discovering You – How to be Responsible #2 and Pathfinders Lending a Hand.*

## Active Living

Playing games at meetings is not only fun for the girls but it will improve their overall health. Relay races, freeze tag, "Simon says" – these all are of benefit. If you are working on a challenge that requires learning new facts, try writing them up on slips of paper placed at one end of the room and have the girls racing in teams to find the right answer. Remember to always lead by example and join the game.

## Being active...

- Builds strong bones and strengthens muscles.
- Helps children stay flexible.
- Helps children reach and maintain a healthy weight.
- Promotes good posture and balance.
- Improves children's fitness levels.
- Helps children meet new friends.
- Strengthens the heart.
- Helps children feel better about their bodies.
- Helps children relax.
- Enhances healthy growth and development.



From [www.caringforkids.cps.ca](http://www.caringforkids.cps.ca).



# Cookie Chatter



Submitted by: Alice Gaveronski, Provincial Cookie Adviser

## Happy New Year from your Cookie Team!

It's been 80 years since Girl Guide cookies were first baked and sold in Regina, Saskatchewan. Throughout 2007, let's use our COOKIES to their maximum potential as a PR tool! Celebrate this anniversary by baking the **1927 Sugar Cookie Recipe**, the same cookies that were baked and sold by Christina Riepsamen's unit to fund an upcoming camping trip, and started our great Canadian Tradition!

### "80 more BOXES for 80 YEARS" Classic Cookie Challenge:

The information I am hearing throughout Saskatchewan is that most units/groups are taking part in this challenge. Congratulations to each and every one of you – what a great way to celebrate 80 years. The deadline for this challenge is February 28. All information for this challenge was in the November 2006 Prairie Lily, or can be obtained from your Area Cookie Adviser.

### 80 Year COOKIE Celebrations?

Please forward details of your 80 Year Cookie Celebrations, so they can be promoted...

- The **Unity Guiding family (Blue Vista Area)** is kicking off the Spring Cookie Campaign by holding a Girl Guide Cookie Tea Party on March 31, at the Friendship Center in Unity from 2 – 4 pm. They will be serving the "original" cookie and a sandwich cookie with tea/coffee/juice for a loonie. YUMMY!
- **Prairie Valleys Area:** "Heritage & 80 Years of Cookies" is the theme for their Annual Meeting, and some units are also using this theme for Thinking Day Celebrations. WAY TO GO!

### Spring Sandwich Classic Cookie Campaign: April 1 to May 5

**GET READY, GET SET, GO!**

**GO with your smile**

**An extra mile**

Good Luck and have boxes and boxes of "cookie" fun!

### 2007 Classic Cookie Display Contest:

The national cookie department is launching a cookie contest. They want to see the biggest, brightest, catchiest-looking cookie-selling display your unit can create. There is a great opportunity for Units to enter this contest in celebration of our 80<sup>th</sup> anniversary. Find more information in the next Prairie Lily or check out the Cookie Section of the national website in February for all the details. (You can find some information in the winter issue of the Canadian Guider.) Enter for your chance to win some great prizes and get your unit's picture in a future issue of the Canadian Guider!

### 2006 National "WRAP AND WIN" Cookie Contest Winners:

Did your unit enter the national "WRAP AND WIN" Contest? If so, please give details by emailing: [cookies@girlguides.sk.ca](mailto:cookies@girlguides.sk.ca), so your unit can be acknowledged in our next newsletter. Spark Unit #8, Regina entered and received an "Honourable Mention" and each girl will receive a cookie patch. **Congratulations!** Full details on contest winners can be found on the national website at: <http://www.girlguides.ca/default.asp?id=1069>

### Christina Riepsamen's 1927 Sugar Cookie Recipe

- 1 cup butter
- 1 cup sugar
- 3 eggs
- pinch of salt
- 2 tablespoons cream
- 1 teaspoon soda
- 2 teaspoons baking powder
- ½ teaspoon ground cardamom
- 3 or more cups flour to make a soft dough



Roll and cut with a floured glass. Sprinkle with sugar, then bake at 350F for 10-12 minutes.

Printed for 80 Years of Girl Guide Cookies that originated in Saskatchewan. Please enjoy this recipe!

### Cookies in the Media 2006 Saskatchewan Fall Mint Campaign

Twylla West, weather anchor for Global (Regina) promoted Girl Guide chocolatey mint cookies on two occasions. Twylla was a Girl Guide and still enjoys having all ages of girls come to the television station for tours. Twylla recently received the national silver "Thanks" pin for all her support of Regina Guiding.

Alice Gaveronski, Saskatchewan Cookie Adviser was on Around Town on Global for a cookie public service announcement. Our very own cookie television star!  
*From the national website*

### Cookies in the Community *From the National Website*

Check out the following SK stories:  
Cookie Drive-Through  
Falling for Cookies – Mint Cookies that is!  
A Trail of Cookie Crumbs  
The Cookie Promise  
Swift Current, Sask., Cashes in with Cookie ATM  
Cookie and Careers or Careers and Cookies? A Great Bridging Event

Do you have a "Cookies in the Community" story? Email it to [ckhelp@girlguides.ca](mailto:ckhelp@girlguides.ca).  
2007 is a great year to get your stories with pictures on the national website! Send your story to your Area Cookie Adviser and/or the Provincial Office if you do not have email/internet so that it can be sent on your behalf.



## Ask Tilly about Training in Sask.

Dorothy Lind  
Provincial Training Adviser

**Q:** *I already have to go to “trainings” at work. Why should I also have to go to trainings for Guiding?*

**A:** There is a world of difference between a work training and a Guide Training (with a capital T)! First and foremost, we have FUN at Guide Trainings! You learn by *doing*, just as we want our girls to do. Having the chance to get together with other women is one of the best “perks” of being a Guider. We feel that you give so much of yourself as a volunteer that you deserve something in return. Training is for *YOU!*

The second big difference is *cost*. If you check out the cost of any work-related training, you will likely find it is at least twice as expensive as a Guide Training, and that doesn't include the hotel and food. How can we provide our high-quality trainings at such a great cost? First of all, our trainers are volunteers, just like you. Only for special occasions do we use paid presenters. Second, the expenses of putting on most Trainings are subsidized by Area or Province, so you usually only pay for meals and accommodation (and even those are at the best rates available).

Trainings are planned to make your job easier. We can give you all of the information you need and lots of ideas for having fun with your girls. And if you've been around in Guiding for a long time, we can give you some personal development sessions, such as Bias Awareness, time management or financial planning. Whatever your needs, your Training Team will do whatever we can to meet them in the most fun way possible.

If you've never been to a real live Guide Training, you've missed out on one of the greatest parts of being a Guider. Why not grab a few friends and come to a Training soon? It's the best deal in town!

**Q:** *I'd like to come to a Training, but just don't have the time or money. I've heard about e-Learning, but don't know how it works.*

**A:** Many Guiders have found e-Learning an easy way to complete the required Trainings, such as *Safe Guide*. Of course, you will miss the fun and friendship part of a face-to-face training!

Check the page about e-learning in this issue of the *Prairie Lily*. This may be the solution for you.

## Saskatchewan Trainers: Cynthia & Cindy

Tilly is proud to introduce you to two more members of the Saskatchewan Training Team this month. Meet these Trainers we think everyone in Saskatchewan should know: Cynthia O'Connor and Cindy Haynes.



### Meet Cynthia O'Connor

If there were such a title as “Grande Dame” of Training, ours would certainly be Cynthia! How lucky we have been to have this wonderful woman as part of our team for so many years!

Cynthia came to Canada from Scotland as a war bride, and she brought her enthusiasm for Guiding with her. It would take a book to tell about all her Guiding experiences, from Training to Public Relations to Provincial Commissioner. Since its beginning, Cynthia has been the #1 mover and shaker in Prairie Valleys Area.

Who will ever forget the fabulous 25<sup>th</sup> Anniversary celebration at last year's January Conference, chaired by Cynthia (in her tiara)? And some of us have fond memories of Cynthia carrying in the torch for the “opening ceremonies” of our 1994 Guiding Olympics January Conference, where she aptly represented the youth of the world. She keeps all of us young at heart!

Cynthia is known for keeping fit and active and is a big promoter of camping. Many of us have enjoyed seeing her beautiful home and garden in Lumsden. She is also active in her church and in the community.



### Meet Cindy Haynes

Cindy is Saskatchewan's “Madame Music,” our current Provincial Arts Adviser. If you haven't had a chance to participate in one of Cindy's campfires, you've really missed a treat! She brings a fresh new

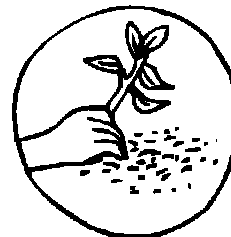
outlook to the Arts in our province. We've all enjoyed the new Top 10 and can certainly thank Cindy for bringing in the *Pax Lodge Songbook* and CD.

Cindy came to us from Indiana, where she was a member of GSUSA as a girl. She came to Canada in 1972 and has been a Brownie and Guide leader. She became part of the Arts team as a Division Arts Adviser, then was Regina Area's Arts Adviser, before becoming Provincial Arts Adviser in 2005.

Cindy is a lawyer in Regina. In her spare time she loves being at the cottage, golfing, and playing the piano. She is also a member of the Guider Glee Club.

**Attention  
All Trainers!**

# "New Beginnings" Provincial Training Seminar



*Be part of our new "TEAM"!*

The **Provincial Training Seminar** is the yearly opportunity for Trainers of all types to get together for a great weekend of fun and rejuvenation. This year is especially important because we'll be finding out about the brand new "TEAM" program, which will replace both the LDP and TDP. This seminar is for all Basic, Intermediate, and Advanced Trainers, as well as anyone who is interested in becoming a Trainer.

**When:** Friday, March 16 (7:30) to Saturday, March 17 (4:30); (optional sessions until Sunday noon)

**Where:** Davidson (accommodations at Jubilee Motor Inn)

**Cost:** Early Bird (by February 16): \$80.00  
Regular Fee: \$95.00 (includes Friday night hotel and Sat. meals)  
Training Only: \$50.00 (includes Saturday meals)

Hotel rooms are reserved until March 9. After that date, you will need to arrange your own accommodations.



**Optional "Post-Training":** Something new! You can choose to stay for extra sessions Saturday night and Sunday morning. We could look at new modules from National, do the Bias Awareness Training, learn to make and use PowerPoint, or anything else suggested by YOU. (Cost will be an additional \$40; training only – \$20.)

**Bring:** Casual Guiding clothes, song books, lots of IDEAS!



**Registration: Provincial Training Seminar, March 16-17, 2007 (optional to March 18)**

Name: \_\_\_\_\_ iMIS #: \_\_\_\_\_

Phone (home): \_\_\_\_\_ (work): \_\_\_\_\_ (cell): \_\_\_\_\_

- Intermediate Trainer Specialty: \_\_\_\_\_  
 Basic Trainer  
 Trainer Candidate  
 **I am interested in staying over until Sunday noon. My suggestions for topics/sessions/modules:**

\_\_\_\_\_

I prefer to receive information by:

- Email: \_\_\_\_\_  
 Fax: \_\_\_\_\_  
 Mail (address): \_\_\_\_\_  
City/Town: \_\_\_\_\_  
Postal Code: \_\_\_\_\_

Food or other restrictions (eg. physical): \_\_\_\_\_

Payment enclosed:  Training + Accommodation \$ \_\_\_\_\_  
(Cheque payable to  Training Only \$ \_\_\_\_\_  
Sask. Council, Girl  Optional "Post Training" \$ \_\_\_\_\_  
Guides of Canada)



**OR** Credit Card # \_\_\_\_\_ (VISA, MC only) Expiry Date: \_\_\_\_\_

Return to: Sask Council, GGC, 2361 – 1<sup>st</sup> Ave., Regina, S4R 8G4

**OR** Register by e-mail ([gguides@sasktel.net](mailto:gguides@sasktel.net)),  
phone (306-757-4102), or fax (306-347-0995).

**REFUNDS:** The fee is refunded less \$25 administration fee until two weeks prior to the event. Within those two weeks, a written request must be sent to the Provincial Office for any refund.

# e-Learning

Attend training “anytime, anywhere”.



e-Learning is a flexible learning option that allows participants to complete training using a computer and the Internet. e-Learners receive information through slides, text and audio-video clips. The learning modules are structured to deliver the same information that is covered in a face-to-face training session.

On average, a module should take 2-3 hours to complete. However, unlike face-to-face training, you do not have to complete the training in one sitting. e-Learning is designed to allow you to stop and continue as often as needed.

## THESE TRAINING MODULES ARE AVAILABLE THROUGH E-LEARNING:

- **ORIENTATION TO GUIDING**
- **LEADERSHIP DEVELOPMENT PROGRAM (LDP), STAGE ONE**
  - SPARKS
  - BROWNIES
  - GUIDES
  - PATHFINDERS
- **PUTTING THE PIECES TOGETHER**
- **SAFE GUIDE (NOVEMBER 2004 EDITION).**

For up to date information about which trainings are available through e-Learning, please visit the National Web site.

## Here are some comments from Guiders about e-Learning:

*“The e-Learning training was interesting. I liked going to the discussion forums and considering other people's answers. The questions at the end of the sections were well thought out.”*

*“The module was nicely organized into sections. I was able to go back and forth through chapters that I already read. I found this helpful for reference.”*

*“Overall, it was user-friendly and I liked the idea of being able to leave it part-way through then pick it up again.”*

## Do you want to know more about e-Learning? Visit:

Guides Canada National Web site: [www.girlguides.ca](http://www.girlguides.ca)  
Girl Guides e-Learning Portal: [www.learninglibrary.com/girlguides](http://www.learninglibrary.com/girlguides)  
E-mail: [training@girlguides.ca](mailto:training@girlguides.ca)  
Contact your District Commissioner or Training Adviser.



*Guides Canada*

# THROUGH THE LOOKING GLASS TO OUR PAST

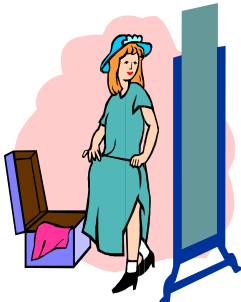
Submitted by Audrey Forrest, Archives Adviser

I have spent the last few months researching and cataloguing the collection of heritage uniforms owned by the Provincial Council. It has been an extremely interesting undertaking and I have learned a lot about what the girls and adults wore since Guiding started in 1910. There is a well-known phrase which says it all: "We've come a long way, Baby!"

In the year 2010, Girl Guides of Canada-Guides du Canada will be celebrating its 100<sup>th</sup> Birthday. Even now, committees are being struck to begin planning for this major celebration. I anticipate that there will be an interest in using the uniform collection and, hopefully, local museums will be interested in supporting our special anniversary by being willing to set up special displays to recognize the occasion. Please keep this in mind when you begin to make plans to celebrate 100 years of Guiding in your community.

In 1963, I was a young Brownie Guider in Regina and as I researched the uniforms of that era, I couldn't help but smile at the price of a Brownie uniform, keeping in mind that everything is relevant to the times:

**Brown twill one-piece dress - \$5.80**  
**Beret (tam) - \$1.55**  
**Triangular brown cotton tie - \$ .50**  
**Belt with Trefoil buckle - \$1.65**  
**Briefs (brown cotton panties!) - \$ .75**  
**Socks - \$ .50 or knee socks - \$ .85**  
**Purse - \$ .85; Handbook - \$ .30;**  
**Pencil - \$ .15; Notebook - \$ .10**



As the Guider in a Brownie Pack (Unit), the cost was:

**Light navy twill one-piece dress - \$8.00 OR**  
**Light blue wrinkle-resistant cotton dress for summer or camp - \$7.75**  
**Navy beret - \$5.20; Belt - \$1.65**  
**Navy cotton briefs - \$ .75**  
**Four-in-hand brown tie - \$1.00 (other branches had other colors).**

Quite different from today's costs to purchase uniforms, which are so much more casual and comfortable for both girls and leaders.

Hope you enjoyed this little trip "through the looking glass to our past" and start planning now for the future and 2010!

# MEMBERSHIP DEVELOPMENT NEWS

Submitted by Marian Clark

We are almost four months into the new Guiding year and we hope to soon see the efforts of the Grow Guiding initiatives in the results of the Guiding Census. There will be ongoing projects over the next six months to attract new leaders and girls across the province. As we seek new and innovative ways to Grow Guiding we also need to look at participant retention, in particular the transition of girls from Sparks to Brownies and Guides.

The survey done in January to May of last year is complete, although there are still letters to be sent to Guiders and work to be done on issues that Guiders have indicated are important to them at local, district and national levels. This is an abbreviated version of the results.

Results were recorded from 411 out of 587 leaders. This did not include Trefoil or Link.

Positions surveyed were Unit Guiders **313**;  
Commissioners **31**; Other **28**; Multiple positions **59**;  
Members with no position **14**.

Attend meetings at any level **210** ; Do not attend **136**.

Trainings: Knew about and attended **373**; Have never attended **32**; Training Issues **126**.

Camping trips: Attend **306**; No **104**; Camping Issues **66**.

Total issues shared **487**; National **97**; Provincial **80**;  
Areas **66**; Membership **21**; Program **14**; Public Relations **17**.

Previous Girl Member: Yes **256**; No **155**.

Aware of other positions **370**. Interest in another position: Yes **47**; Maybe **48**; No **168**; Not at this time **139**.

Welcomed to Guiding **383**, Make a Difference **378**, Aware of Personal Benefits **389**.

Thank you again for participating. We did learn a lot and hope we can make a difference for all of you who make Saskatchewan Guiding function and provide the fun, friendships and challenges to our girl members.  
***You are the organization.***

## "OUR FUTURE IS OUR YOUTH FOREVER"

WANT TO MAKE A DIFFERENCE IN YOUR LIFE?  
WANT TO CHALLENGE YOURSELF?

Then The Duke of Edinburgh's Award is a  
great place to start!

You must be the minimum age 14 to start the Programme and you must complete the programme by your 25<sup>th</sup> birthday.

The Duke of Edinburgh's Award is a self-development and non-competitive programme with three levels: Bronze, Silver and Gold. Each level has four sections: Community Service, Skill, Adventurous Journey and Physical Recreation.

The best thing about The Duke of Edinburgh's Award is that YOU get to decide what YOU want to do. You set the goals and achieve them. We recognize your achievements with a certificate and a pin at each level.

If you're a member of Girl Guides of Canada then you are probably already doing everything that you need to for The Duke of Edinburgh's Award Programme. If you are learning or building on a skill, getting active in your community, camping and canoeing and being physically active, then you're doing it!

The Programme is open to anyone aged 14 – 25. No matter where you are in life, this Programme can help to mold you and make positive changes in your life. So challenge yourself, see how many of your goals you can reach.

The Saskatchewan office address and numbers are below. Check out our website at: [www.dukeofed.org/sk](http://www.dukeofed.org/sk)

We would be more than happy to answer any questions you have and help you get started. You may also have a leader that is already a D of E coordinator.

We look forward to hearing from you,

The Duke of Edinburgh's Award  
1860 Lorne St.  
Regina, SK S4P 2L7  
Toll free: 1-866-319-3853  
Local calls: 780-9437  
Email: [dukeofed@sasktel.net](mailto:dukeofed@sasktel.net)



Contact Provincial Duke of Edinburgh Adviser Michelle Gibney at [mgibney1@sasktel.net](mailto:mgibney1@sasktel.net) or phone 543-5966.

Submitted by: Michele Heard Field Officer for the Saskatchewan Division

## Girl Guides Making News

*"The Right to Food: A Window on the World" Global education project launched on World Food Day*

Last October, a new global education project was launched to raise awareness about hunger and the right to food among children and young people around the world.

As part of the ongoing "Feeding Minds, Fighting Hunger" initiative, the Food and Agriculture Organization (FAO) and the World Association of Girl Guides and Girl Scouts (WAGGGS) produced a cartoon-style story book entitled "*The Right to Food: A Window on the World*," and a companion "*Resource and Activity Guide*" educating young people and motivating them to join in the fight against hunger and malnutrition.

Speaking at a news conference, Alexander Müller, FAO Assistant Director-General for Sustainable Development, said, "The right to food is, in principle, the right to feed oneself, and one's family, adequately and with dignity. Raising the awareness of young people about the inseparable nature of human rights, food security and good nutrition, and about how each of us can play a part in helping secure everyone's right to nutritionally adequate food is essential to this end."

Elsbeth Henderson, Chairman of WAGGGS World Board, said: "We at WAGGGS have a responsibility to make sure that the messages about the right to food and giving everyone access to nutritionally adequate and safe food get to all of our members, Girl Guides and Girl Scouts in 144 countries and that they and other young people around them are inspired to take action."

According to FAO, the materials present right-to-food issues in a simple, understandable and attractive style that captures the attention of young people. The materials will help young people understand that each individual has the right to adequate food and that governments, consumer organizations, the private sector, communities and families have an obligation to help protect, promote and support that right.

The book consists of an introductory section providing an overview of selected right to food issues, and eight individual stories dedicated to illustrating aspects of food security and right to food issues in Brazil, Canada, India, Indonesia, Italy, Jordan, Sierra Leone and Uganda.

A unique feature of the publications is that the illustrations were planned and drawn by young artists and art students from the eight countries. The cartoon-style drawings convey national differences in culture, lifestyles, food habits, environments and living conditions. In each of the selected countries, a national contest was organized among art schools and institutes for illustrating the chapter set in that country.

The book and the Resource and Activity Guide are available in six languages in both hard copy and electronic formats, including as a CD-ROM and as web-based HTML and PDF files.

To order the books, send an e-mail to: [RTF-Youth@fao.org](mailto:RTF-Youth@fao.org)

# There's always MORE at the Girl Guide STORE!

## Coming soon

Thinking Day 2007 Patch #420611 \$1.00  
 SK 80<sup>th</sup> Anniversary Cookie Crest #1076 \$1.00

Supplies are limited – see back cover for design

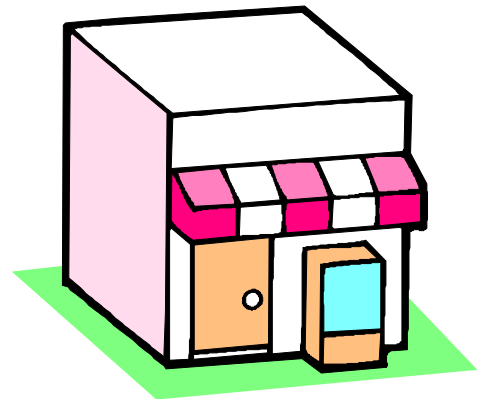
## New

SK Trefoil Guild Pin #219 \$1.50  
 Sparks Activity book – CD ROM in PDF English or French #159112 \$4.95  
 Brownie Program Book - CD ROM in PDF (English or French) #150112 \$6.95

} Will order for anyone interested

## Featured Items

SK World Regions Challenge Crest #731 \$1.50  
 \*\*World Thinking Day Pin #6150 \$2.75  
 World Crest #231530 \$1.00  
 World Pin #220327 \$1.60  
 Western Hemisphere Patch #220325 \$1.00  
 World Logo Earrings #480420 \$3.95  
 \*\*World Thinking Day Stickers (12/sheet) #6100 \$1.00  
 \*\*WAGGGS Small Stickers (10/sheet) #6031 \$1.00  
 World Logo Stickers (10/sheet) #437100 \$0.50  
 World Flag Cards (each) #230125 \$0.15  
 \*\*supplies are limited



## Clearance Sales

Striped Uniform Blouses \$15.00  
 Teen T-shirts (red, yellow and grey, Youth S-L) \$5.00

} Final clearance, in stock only

## Special Purchase until February 28, 2007

Heritage Lake Sweatshirts, Red or Royal Small – 2XL \$25.95 WAS \$29.95  
 3XL \$32.95 WAS \$37.95



## Trefoil Guild Shirt Order Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/Town: \_\_\_\_\_, SK Postal code: \_\_\_\_\_

Visa/Mastercard: \_\_\_/\_\_\_/\_\_\_/\_\_\_ Expiry \_\_\_/\_\_\_

Signature \_\_\_\_\_

Or make cheques payable to: **Sask Council Girl Guides of Canada**

Please return this form with payment to be received in the Provincial Office no later than Feb 20, 2007. **No late orders will be accepted.**

How many?	Size	Youth/ Adult	Price/shirt	Total
		Shipping	\$6.50	
		Grand total		



Girl Guides  
of Canada  
Guides  
du Canada

**Saskatchewan Council**  
**2361 – 1<sup>st</sup> Avenue**  
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